



Coburg West Primary School Canteen Menu 2018

Simple Sandwiches	
Vegemite	\$ 2.50
Cheese	\$ 3.00
Vegemite and cheese	\$ 3.50
Avocado	\$ 3.50
Buttered bread or Roll	\$ 1.50
Ham only	\$ 3.00
Super Sandwiches	
<i>Choose white bread or a wholemeal</i>	
Super salad with avocado or mayonnaise, using all our salad ingredients	\$ 5.00
Shredded 100% Chicken breast Sandwich/Roll with 1 to 3 Fillings	\$ 6.00
Sandwich or roll 3 Fillings	\$ 5.00
<i>Extra fillings</i>	\$ 0.60
<i>Fillings: cheese, tuna, egg, avocado, ham, tomato, carrot, cucumber, lettuce, mayonnaise</i>	
Wraps	
Chicken Breast, Tuna or Ham salad wrap with mayonnaise – ½	\$ 6.00
Cheese and salad wrap with mayonnaise – ½	\$ 5.00
<i>Extra fillings</i>	\$ 0.60
<i>Fillings: cheese, egg, avocado, ham</i>	
Toasted Sandwiches	
Cheese toasty	\$ 3.50
Cheese and tomato toasty	\$ 4.00
Cheese & vegemite toasty	\$ 4.00
Ham and cheese toasty	\$ 4.00
Ham, cheese and tomato toasty	\$ 4.30
Ham & tomato toasty	\$ 4.00
Ham toasty	\$ 3.50
Tomato toasty	\$ 3.50

SALADS	
Chicken Salad: Chicken breast, tomatoes, lettuce, cucumber, carrot and Italian dressing	\$ 5.00
Tuna Salad: Tomato, cucumber, lettuce, tomato and carrot	\$ 5.00
Garden Salad: Lettuce, tomato, carrot, cucumber and Italian dressing	\$ 4.50
Hot Food - available both Wednesday and Friday	
Roasted red skinned potato wedges cooked with garlic (Gluten free)	\$ 2.00
Margherita Pizza	\$ 3.00
Meatballs with homemade sauce x 4	\$ 2.50
Meats without sauce x 4	\$ 2.00
Beef Lasagne	\$ 6.50
Sausage Roll (tomato sauce \$0.50 cents)	\$ 4.00
Beef and onion borek/ cheese and spinach borek – vegetarian (tomato sauce \$0.50 cents)	\$ 2.50
Calzone (Pizza pocket filled with tomato and cheese) (Vegetarian)	\$ 6.00
Spiral pasta with homemade tomato sauce (Gluten free)	\$ 5.00
Sticky chicken drumettes (4) oven baked (Gluten free)	\$ 5.00
Snacks for everyday	
Garlic pita crisps (Vegetarian)	\$ 0.50
Popcorn with a sprinkle of coconut sugar (Gluten free)	\$ 1.00
Apple slinky (Gluten free)	\$ 1.50
Chocolate coconut wheel (Gluten free)	\$ 0.50
Fresh seasonal fruit (Gluten free/Vegetarian)	\$ 1.50
slinky	\$ 1.50
Brownie, cup cake or lemon cake	\$ 1.50
Honey joy, Anzac biscuit or rock cake	\$ 1.00
Jelly with fruit- flavour varies each week (Gluten free)	\$ 2.00
Ice cream – flavours chocolate, tropical & raspberry (Gluten free) (Ice cream is only available over the counter during lunch. It cannot be ordered on your lunch order).	\$ 1.50
Drinks	
Hot chocolate half cup (hot chocolate only available over the counter during lunch time)	\$ 1.00
Hot chocolate full cup	\$ 2.00
Appeltizer	\$ 2.50
Nudie apple juice, Tropical and orange juice	\$ 2.00

