



Coburg West Primary School Canteen Menu Term 4 2018

Simple Sandwiches	
Vegemite	\$ 2.50
Cheese	\$ 3.00
Vegemite and cheese	\$ 3.50
Avocado	\$ 3.50
Buttered bread or roll	\$ 1.50
Ham only	\$ 3.00
Super Sandwiches	
<i>Choose white bread or a wholemeal</i>	
Super salad with avocado or mayonnaise, using all our salad ingredients	\$ 5.00
Chicken Sandwich/Roll with 1 to 3 Fillings	\$ 6.00
Sandwich or roll with 1 to 3 Fillings	\$ 5.00
<i>Extra fillings</i>	\$ 0.60
<i>Fillings: cheese, tuna, egg, avocado, ham, tomato, carrot, cucumber, lettuce, mayonnaise</i>	
Wraps	
Chicken and salad wrap with mayonnaise – ½	\$ 6.00
Cheese and salad wrap with mayonnaise – ½	\$ 5.00
<i>Extra fillings</i>	\$ 0.60
<i>Fillings: cheese, egg, avocado, ham</i>	
Toasted Sandwiches	
Cheese toasty	\$ 3.50
Cheese and tomato toasty	\$ 4.00
Cheese & vegemite toasty	\$ 4.00
Ham and cheese toasty	\$ 4.00
Ham, cheese and tomato toasty	\$ 4.50
Ham & tomato toasty	\$ 4.50
Ham toasty	\$ 3.50
Tomato toasty	\$ 3.50

Hot Food - available both Wednesday, Thursday and Friday

Roasted red skinned potato wedges cooked with garlic (Gluten free)	\$ 2.00
Margarita Pizza	\$ 3.00
Meatballs with homemade sauce x4	\$ 2.50
Meatballs without sauce x4	\$ 2.00
Beef Lasagne	\$ 6.50
Sausage Roll (tomato sauce \$0.50 cents)	\$ 4.00
Beef and onion borek/ cheese and spinach borek – vegetarian (tomato sauce \$0.50 cents)	\$ 2.50
Calzone (Pizza pocket filled with tomato and cheese) (Vegetarian)	\$ 6.00
Spiral Pasta with homemade tomato sauce (Gluten free)	\$ 5.00
Sticky chicken drumettes (4) oven baked (Gluten free)	\$ 5.00

Snacks for everyday – can be purchased at the counter

Garlic pita crisps (Vegetarian)	\$ 0.50
Popcorn with a sprinkle of coconut sugar (Gluten free)	\$ 1.00
Apple slinky (Gluten free)	\$ 1.50
Chocolate coconut wheel (Gluten free)	\$ 0.50
Fresh seasonal fruit (Gluten free/Vegetarian)	\$ 1.50
Yogurt and fruit coulis tubs (Gluten free/Vegetarian)	\$ 2.50
Honey Joy, Anzac biscuit or rock cake	\$ 1.00
Brownie, cup cake or lemon cake	\$ 1.00
Muffin – will vary	\$ 3.50
Jelly with fruit- flavour varies each week (Gluten free)	\$ 2.00
Ice cream – flavours chocolate, tropical & raspberry (Gluten free)	\$ 1.50
<small>(Ice cream is only available over the counter during lunch. It cannot be ordered on your lunch order).</small>	

Drinks – can be purchased over the counter

Hot chocolate (1/2 cup) Only available over the counter during lunch time	\$ 1.00
Hot chocolate cup (full)	\$ 2.00
Appletizer	\$ 2.00
Nudie orange juice and apple juice	\$ 2.00

Beef/Spinach & Cheese Borek and sausage rolls are for sale in the lunch break. However to guarantee your child gets what they want, it is best to put an order in the day before.

Ice Creams can only be purchased over the counter.

If your child is absent from school please contact the canteen to arrange for your order to be processed on another day.

If you need to contact the canteen the number is 9386 1286. Thank you for supporting the Canteen. ☺