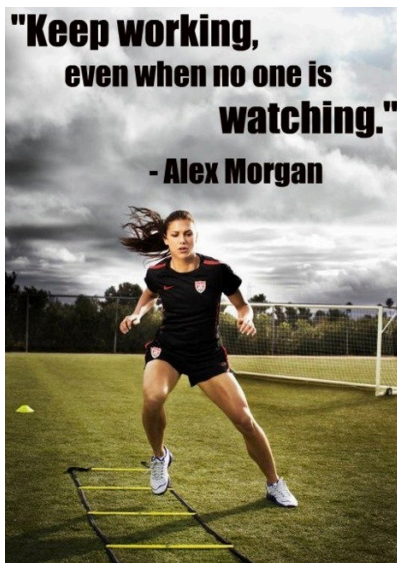


**56 Home Learning**  
**Term 4 Week 2 2017**

*The Values focus for Term 4 is **RESILIENCE**.*

*Developing the skills to deal with new and challenging situations is crucial to our success and happiness at school, and in life generally. Resilience is a life- long skill and a life- long goal. It can help every part of our lives.*



**I CAN**  
*and*  
**I WILL.**

*In order to love who  
you are, you cannot  
hate the experiences  
that shaped you.*

*- Andrea Dykstra*

**Challenge:** Make a poster about RESILIENCE to share in class and put on display.

- Because we are unique individuals, we deal with things differently so RESILIENCE will mean different things to different people. With this in mind, you are to find four quotes that convey a powerful resilience message to you.
- The quotes can be from famous people or anonymous (no name).
- The quotes can be about an area of your choice; personal, social, sporting, or academic. It's up to you.
- Copy or print the four quotes.
- Beside each quote explain what it means to you and why it is important in your life.
- You could also give examples of situations when this quote has helped you in your life or when it could be helpful to others.
- You will be sharing your poster in class and leaving it on display so that you can help others to develop their resilience skills and strategies.
- Think about the presentation too. Will it be graphic and colourful? Will it have drawings or images to support the words?

\*We hope you really enjoy putting together these powerful messages and hope that your insight, wisdom and experience help another student one day.

### Spelling Words:

resilience	individuals	situations	strategies	crucial
challenging	colourful	graphic	anonymous	quotes